



Rocky Mountain House

**Speed
Skating
Club**

ROCKY MOUNTAIN HOUSE
FAST IS FUN
SHORT TRACK MEET

FAST IS FUN SHORT TRACK MEET

Date **Saturday, Jan. 25, 2020**

Location Bunch Arena – Christenson Sports & Wellness Centre
(Rocky Arena Complex – 5332 – 50 St.)
Rocky Mountain House, Alberta

Schedule

Saturday	
Warm-Ups	7:45am – 8:00am T2T & Jr. 8:00am – 8:15am Fund & L2T
Coaches Meeting	8:00am in Subway Room
Races Start	8:30am
Races End	4:30pm
Awards	Following the last race
Note: Times are approximate	

Format

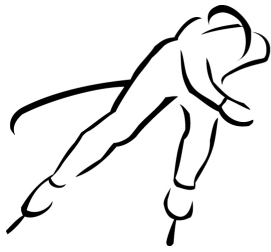
All points ability meet. AASSA sanction.
Open to Active Start, Fund, L2T and T2T, plus Juniors who wish to participate in Ability Meet format. All races will be on 100m track.
Two distances with heats and finals, plus one super final.
Sign-up for optional races on race day if time permits.

Entry fees

\$40/skater. One cheque per club. Please make cheques payable to Rocky Mountain House Speed Skating Club (RMHSSC).

**Entry
process**

Email summary sheets to gail.krabben@gmail.com	
Sunday, Jan 19 (noon)	Entry deadline
Wednesday, Jan 22	Draft Division List sent to clubs for feedback
Friday, Jan.24	Final Division List sent to clubs



Rocky Mountain House

**Speed
Skating
Club**

ROCKY MOUNTAIN HOUSE
FAST IS FUN
SHORT TRACK MEET

- Registration** 7:30 AM Saturday before warm-ups in the arena lobby.
- Results** Protocols will be emailed to each participating club and posted by AASSA.
- Awards** Medals for all divisions: 1st, 2nd and 3rd place.
- Hotels** Best Western – 403-844-3100 (4407 - 41 Ave., RMH – just off Hwy. 11)
Canalta – 403-846-0088 (4406 - 41 Ave., RMH – just off Hwy. 11)
Walking Eagle Inn – 866-845-2131 (4829 - 45 St., RMH – on Hwy. 11)
Tamarack Motor Inn – 403-845-5252 (4904 - 45 St., RMH – on Hwy. 11)
Rocky Inn Express – 403-845-2871 (4715 – 45 St., RMH – on Hwy. 11)
- On-Site Food** There will be free lunch, snacks and drinks available for officials, volunteers, and coaches. The recreation centre features a concession on the second floor near the curling club lounge. Subway, Tim Hortons and Harvey's a short walk from arena.
- Volunteers** Volunteers will be needed on race day to ensure all positions are filled. Please contact us if you can help out. We will supply a free lunch. Contact meet coordinator Fiona Barnett, 403-844-7024, stampinsummer@yahoo.ca, or visit <https://volunteersignup.org/QK9QC>
- Questions?** Contact Fiona Barnett, 403-844-7024 stampinsummer@yahoo.ca