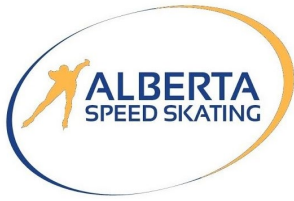


# Alberta Amateur Speed Skating Association

## Provincial Team Criteria 2019-2020 Season





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## Provincial Teams for the 2019-20 and 2020-21 Seasons

### 1. General

The Skater Development Committee (SDC) will use this Criteria Manual to define how athletes will qualify for the 2020-21 Provincial Teams and how Provincial Team athletes will receive funding and/or service support for the 2019-20 season. The objectives of the support for the Provincial Teams are:

- to help provide a pathway for club skaters to progress to the National Team; and
- to provide support based on the level and needs of each skater on the Provincial Teams so that they can progress to the National Team.

The Alberta Provincial Team consists of A, B (B1, B2), C (C1, C2), and Development Teams in both Short Track (ST) and Long Track (LT). To assist with the determination of International Skating Union (ISU) and AASSA/SSC age categories for the 2019-2020 team, please see the table below:

#### ISU and AASSA/SSC Age Categories

ISU		AASSA/SSC		
Jr A	17 & 18	Jr A2		18 on June 30, 2019 (DOB from 1/7/2000 to 30/6/2001)
		Jr A1		17 on June 30, 2019 (DOB from 1/7/2001 to 30/6/2002)
Jr B	15 & 16	Jr B2		16 on June 30, 2019 (DOB from 1/7/2002 to 30/6/2003)
		Jr B1	T2T15 (m)	15 on June 30, 2019 (DOB from 1/7/2003 to 30/6/2004)
Jr C	13 & 14	Jr C2	T2T14 (m,f)	14 on June 30, 2019 (DOB from 1/7/2004 to 30/6/2005)
		Jr C1	T2T13 (m,f)	13 on June 30, 2019 (DOB from 1/7/2005 to 30/6/2006)
Jr D	≤ 12		T2T12 (m,f)	12 on June 30, 2019 (DOB from 1/7/2006 to 30/6/2007)
Jr D	≤ 12		T2T11 (f)	11 on June 30, 2019 (DOB from 1/7/2007 to 30/6/2008)

**ISU:** International Skating Union, age before July 1 preceding the competition (ISU Rule 108).

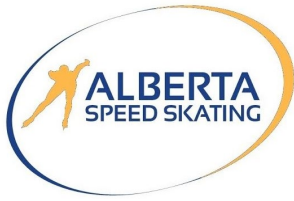
**Females (f):** Train to Train (T2T) ages 11-14 years.

**Males (m):** Train to Train (T2T) ages 12-15 years.

*Note:* Development Team (DEV T) skaters (orange cells) must be AASSA/SSC Jr A (1,2), Jr B (1,2) or C2 age.

The team is comprised of those skaters meeting the requirements in the following areas which are further detailed in sections 2 to 10 of this document.

- Eligibility
- Commitment
- Performance Criteria
  - Performance Level
  - Performance Improvement - for A, B and C Teams only, skaters will maintain their level of support based on Performance as long as they continue to progress over the long term at or above a determined minimum rate. This rate will be measured by how many years they stay at the same performance level.



## 2. Eligibility

In this section:

- “Team Year” is the skating year (April 1 – Mar 31) during which the skater is a member of any Alberta Provincial Team or otherwise receives direct financial support from AASSA.
- “Qualifying Year” is the skating year immediately preceding the Team Year.

2.1. To be eligible for any Provincial Team selection or support from AASSA a skater must:

Note: A skater must meet all of the requirements of 2.1.1 through 2.1.8 (subject only to 2.2 below).

- 2.1.1. be a paid-up member of an Alberta speed skating club and Speed Skating Canada during the entirety of the Qualifying Year, *and*
- 2.1.2. be a paid-up member of an Alberta speed skating club and Speed Skating Canada during the entirety of the Team Year, *and*
- 2.1.3. not receive support during the Team Year as a member of the Speed Skating Canada National Team, National Development Team or be receiving carding from Sport Canada, or be receiving covered coaching and facility access, *and*
- 2.1.4. be a permanent resident of Alberta, unless:
  - they reside in a neighboring province and the Alberta Speed Skating club in which they are a member is the nearest club to their home in that neighboring province, *and*
- 2.1.5. be a Canadian citizen, or landed immigrant, *and*
- 2.1.6. have resided in Alberta through the Qualifying Year and the skating year immediately preceding the Qualifying Year, unless:
  - the skater is new to the sport of speed skating in the last two seasons, *and*
  - have not been registered as a skater in another province in Canada in the Qualifying Year or the skating year immediately preceding the Qualifying Year, *and*
  - have not been registered as a skater with another national speed skating body or branch or club of that body in the Qualifying Year or the skating year immediately preceding the Qualifying Year, *and*
- 2.1.7. not have received any direct development funding from any other provincial or national speed skating organization (other than Speed Skating Canada as a member of the National Team, National Development Team or Training Squad) in the Qualifying Year or the skating year immediately preceding the Qualifying Year, *and*
- 2.1.8. are not:
  - still eligible to continue membership in another provincial or territorial speed skating body in Canada or in another national speed skating body other than SSC, *and*
  - still eligible, had they continued membership in another provincial or territorial speed skating body in Canada, to receive or qualify for direct development funding from that other provincial or territorial body or from that province or territory directly, *or*
  - still eligible, had they continued membership in another national speed skating body (besides Speed Skating Canada), to receive direct development funding from that other body or branch or club associated with that body.

2.2. The criteria in 2.1.8 do not apply to a Junior B or younger skater if while s/he is Junior B or younger, that skater has changed their permanent residence to Alberta with one or both of his or her parents (or legal



guardians they were living with in their previous Province of residence) and registered as a member of AASSA prior to September 1 of the Qualifying Year.

#### **Alberta Skaters Residing Outside the Province**

2.3. Provincial A, B, C and Development Team skaters who are temporarily living outside of Alberta can remain a PT member and receive support if they:

- 2.3.1. are registered as a member with an Alberta Club, *and*
- 2.3.2. are following a training program appropriate for the level of the skater as determined by the Technical Director or SDC, *and*
- 2.3.3. continue to meet the performance criteria, *and*
- 2.3.4. do not receive funding from another province or country.

#### **Alberta Skaters Returning to Alberta After Competing for Other Provinces/Countries**

2.4. Athletes who have been skaters in Alberta and who have temporarily resided outside of Alberta where they have skated for other provinces/countries in competition, can be reinstated as an Alberta Skater, apply for funding, and become eligible for the Alberta PT if:

- 2.4.1. their stay outside of Alberta was not more than 3 years, *and*
- 2.4.2. at the time of relocation, the skater was under the age of 18 years and relocated with his/her parents, *and*
- 2.4.3. they meet the required criteria for the Provincial Team (A, B, C, or Development).

### **3. Commitment**

Skaters will fulfill their commitment requirement when they follow a training program that is deemed appropriate for their age and development as determined by the skater's coach and the AASSA Technical Director. This must hold true for:

- the season during which they qualify for the Provincial Team, *and*
- the season during which they are to be supported by AASSA while on the Provincial Team.

For those athletes who under special circumstances have commitments in a school program that may affect their ability to follow a full-time training program, special requirements may be put in place in order for them to receive AASSA PT support or funding. See Section 6 for details.

### **4. Short Track Performance Criteria**

#### **4.1. Provincial Short Track A, B1, B2, C1 and C2 Team**

For selection to the 2020-21 Provincial Short Track A, B1, B2, C1 and C2 Teams, the skaters may qualify in two ways:

- 4.1.1. One is through results by times skated on the 111m track in each of the specified distances in any Provincial, SSC or ISU sanctioned Short Track competition which occurred between June 1, 2019 and May 30, 2020, and that each result, when being calculated as a percentage, will be done by comparing the result to the Canadian Senior Record\* on the 111m track that stand at the end of the 2018-19 season.
- 4.1.2. The other way to qualify for ST PT is by ranking from National Short Track events.



4.1.3. Both ways of qualifying are detailed in the Performance Level table on in section 4.2.1 on page 6.

\*(Electronic and manual times will be used with manual times having 0.2 seconds added to them. Further time adjustments may be made as detailed in section 4.3)

**4.2. Provincial Short Track Development Team (Juniors only)**

In addition to the eligibility requirements listed in section 10, to be eligible for the Alberta Development Team skaters must be Junior A, B or C2\* ISU age in the season that they qualify for the Provincial Development Team. Exceptions for minimum age may be made if skaters younger than C2 ISU age meet the minimum time standards. In such cases, training and competition data would need to be provided to the Technical Director to back up this request for age exemption. The Technical Director will then review the data and present it to the members of the Skater Development Committee (SDC) for approval.

For selection to the 2020-21 Provincial Short Track Development Team, the skaters must use results skated on the 111m track in each of the specified distances in any Provincial, SSC or ISU sanctioned Short Track competition which occurred between June 1, 2019 and May 30, 2020\*\*, and that each result will be judged based on a percentage to the Canadian Junior ISU Record on the 111m track that stands at the end of the 2018-19 season.

\*ISU Junior C2 skaters are T2T 14 skaters.      \*\*Times can come from different competitions

**4.2.1. Performance level**

The following criteria will qualify the skater for the outlined Team Level for the 2020-21 season. Percentages are an average of percentages from their 2019-20 season’s best two distances including 500m, 1000m, 1500m. The cumulative time for the two distances will be determined, and then the percentage reached will be determined based on that cumulative time. At the National level this approach is used and it sets the precedent with which our provincial criteria align. See [Appendix C](#) for 2019-2020 time standards.

**Performance Levels:**

<b>Level</b>	<b>By times</b>	<b>By Event results in 2019-20 Season</b>
A	under 106%	top 24 in 2019-20 Final Senior Ranking
B1	under 108%	top 16 at Can Jun Champ or Final Jun Ranking or top 32 in Final Sen Ranking
B2	under 110%	top 24 at Can Jun Champ or Final Jun Ranking or top 40 in Final Sen Ranking
C1	under 112%	qualifying for Can Junior ST Championships
C2	under 115%	
DT	under 115%*	*using Junior Can ST records

**4.2.2. Example Calculation**

An example of the appropriate way to calculate the cumulative time is given below using a male skater “Skater A” who has a 500m time of 43.707 s and a 1500m time of 2:15.964 min. (See [Appendix C](#) for 2019-20 times.)

Canadian ST Record times: 500m is 39.845; 1500m is 2:06.565

Cumulative record time is 39.845 + 2:06.565 = 2:46.410

108% of CDN cumulative record time is 2:59.72

Therefore, for Skater A:

500m time = 43.707; 1500m time = 2:15.964

Cumulative time is 43.707 + 2:15.964 = 2:59.671, which is 107.8% of cumulative record time

Provincial Team Level = B1



**4.2.3. Rate of Performance Improvement:**

**A Team Level:**

Skaters can maintain their A team level of support as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 5 seasons in total at the A Performance Level without being named to the National Team or being carded by Sport Canada, beyond which their funding will be cut to 50% of the full funding for Level A. After the first season of reaching Level A, any subsequent seasons spent at a lower level will count towards the 5 years allowed for Level A. Seasons that are exempt from counting towards the 5 years are described in section 7.

**B1, B2, C1, C2 Team Levels:**

Skaters can maintain their level of support for these levels as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 3 seasons in total at any one level beyond which their funding will be cut to 50% of the full funding for that Level. After the first season of reaching a new level, any subsequent seasons spent at a lower level will count towards the 3 years allowed for the higher level. Seasons that are exempt from counting towards the 3 years are described in section 7.

**4.2.4. Using Times skated outside Calgary – Short Track**

To use times skated by Alberta Skaters on slower and faster ice surfaces outside of the Calgary Olympic Oval Short Track Facility, the SDC will use the following approach to adjust times skated on other ice surfaces for comparison to the Canadian Records for the purpose of Provincial Team Qualification.

The 500m times of the 10 skaters with the best 500m times from the non-Calgary competition who also skated in the most recent Calgary competition in the current season will be averaged and then compared to the averaged times of those same skaters best 500m times from the Calgary competition. The comparison will provide an adjustment ratio to apply to the Canadian Record for the slower (or faster) ice outside of Calgary that can be used to provide an adjusted record. This adjusted record will be used to determine the percentages skated at that competition. The same adjustment ratio calculated from the 500m will be used to adjust all times for all distances at that competition.

Example of ST Adjustment for non-Calgary Competition (example only, see [Appendix C](#) for current record values):

Calgary	Canadian Record	40.347	Non-Calgary	Adjusted Record	41.48
		%			time
Skater A	40.55	100.5	Skater A	41.87	100.95
Skater B	40.6	100.63	Skater B	41.98	101.21
Skater C	40.79	101.1	Skater C	42.11	101.53
Skater D	40.98	101.57	Skater D	42.22	101.79
Skater E	41.22	102.16	Skater E	42.28	101.94
Skater F	41.23	102.19	Skater F	42.34	102.08
Skater G	41.45	102.73	Skater G	42.79	103.17





Skater H	41.65	103.23	Skater H	42.88	103.38
Skater I	41.71	103.38	Skater I	43.01	103.7
Skater J	42.29	104.82	Skater J	43.06	103.82
Skater K	42.35	104.96	Skater K	43.27	104.32
Skater L	42.4	105.09	Skater L	43.42	104.69
Skater M	42.56	105.48	Skater M	43.64	105.22
Skater N	42.68	105.78	Skater N	43.86	105.75
Skater O	42.88	106.28	Skater O	44.12	106.37
<b>Average</b>	<b>41.69</b>		<b>Average</b>	<b>42.86</b>	

Adjusted record =  $(40.347 \times 42.86) / 41.69 = 41.48$  (same ratio of 1.028 is used to adjust other distance records at the same competition for short track events).

The adjustment ratio for non-Calgary Competitions in 2018-2019 was 1.00188.

## 5. Long Track Performance Criteria

### 5.1. Provincial Long Track A, B1, B2, C1 and C2 Team

For selection to the 2020-21 Provincial Long Track A, B1, B2, C1 and C2 Teams, the skaters must use results skated in any Provincial, SSC, or ISU sanctioned Olympic Style competition which occurred between June 1, 2019 and May 30, 2020, and that result\* when compared to Canadian Senior Olympic Style Records that stand at the end of the 2018-19 season, must meet the criteria on the following page:

\*(Electronic and manual times will be used with manual times having 0.2 seconds added to them. Further time adjustments may be made as detailed in section 5.3)

### 5.2. Provincial Long Track Development Team (Juniors only)

In addition to the eligibility requirements listed in section 10, to be eligible for the 2020-21 Alberta Development Team skaters must be Junior A, B or C2\* ISU age in the season that they qualify for the Provincial Development Team. Skaters must skate under designated times using results skated in at least one of the specified distances in a Provincial, SSC or ISU sanctioned Olympic Style Event done between June 1, 2019 and May 30, 2020 and that any result, when being calculated as a percentage, will be done by comparing the result to the Canadian Junior ISU Olympic Style Record<sup>1</sup> in that distance that stands at the end of the 2018-19 season.

#### 5.2.1. Performance level

The following criteria will qualify the skater for the outlined Team Level for the 2020-21 season. Percentages are an average of percentages from their 2019-20 season's best two distances including 500m, 1000m, 1500m, 3000m, 5000m for women and 500m, 1000m, 1500m, 3000m, 5000m, 10000m for men. The cumulative time for the two distances will be determined, and then the percentage reached will be determined based on that cumulative time (calculation of cumulative time as per Short Track calculations in Section 4.2).

See [Appendix C](#) for a list of times that correspond to each level for this season.





Males	% to be under in each distance				
Team Level	500m	1000m	1500m	5000m	10000m
A	106%	106%	106%	106%	106%
B1	108%	108%	108%	108%	108%
B2	110%	110%	110%	110%	110%
C1	112%	112%	112%	112%	112%
C2	115%	115%	115%	115%	115%
Dev*	115%	115%	115%	115%	115%

Females	% to be under in each distance				
Team Level	500m	1000m	1500m	3000m	5000m
A	106%	106%	106%	106%	106%
B1	108%	108%	108%	108%	108%
B2	110%	110%	110%	110%	110%
C1	112%	112%	112%	112%	112%
C2	115%	115%	115%	115%	115%
Dev*	115%	115%	115%	115%	115%

\*using Canadian Junior LT records

### 5.3. Rate of Performance Improvement:

#### A Team Level:

Skaters can maintain their A team level of support as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 5 seasons in total at the A Performance Level, beyond which their funding will be cut to 50% of the full funding for Level A. After the first season of reaching Level A, any subsequent seasons spent at a lower level will count towards the 5 years allowed for Level A. Seasons that are exempt from counting towards the 5 years are described in section 7.

#### B1, B2, C1, C2 Team Levels:

Skaters can maintain their level of support for these levels as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 3 seasons in total at any one level, beyond which their funding will be cut to 50% of the full funding for that Level. After the first season of reaching a new level, any subsequent seasons spent at a lower level will count towards the 3 years allowed for that level. Seasons that are exempt from counting towards the 3 years are described in section 7.

### 5.4. Using Times skated outside Calgary – Long Track

To fairly allow times skated by Alberta Skaters on ice surfaces outside of the Calgary Olympic Oval Facility, the SDC will use the following approach to adjust times skated on other ice surfaces for comparison to the Canadian Records for the purpose of Provincial Team Qualification.



Example of LT Adjustment for non-Calgary Competition (example only, see [Appendix C](#) for current record values):

	Canadian Record:	01:13.11		adjusted record	01:19.66
	Calgary time	%		non-Calgary time	%
skater A	01:18.60	107.51	skater A	01:24.29	105.82
skater B	01:19.11	108.21	skater B	01:25.07	106.80
skater C	01:19.56	108.82	skater C	01:26.54	108.64
skater D	01:20.16	109.64	skater L	01:26.71	108.86
skater E	01:20.50	110.11	skater D	01:26.86	109.04
skater F	01:20.71	110.40	skater E	01:26.89	109.08
skater G	01:20.88	110.63	skater J	01:27.64	110.02
skater H	01:20.88	110.63	skater F	01:28.47	111.07
skater I	01:21.06	110.87	skater G	01:28.86	111.56
skater J	01:21.65	111.68	skater H	01:28.88	111.58
skater K	01:21.68	111.72	skater K	01:29.52	112.38
skater L	01:22.25	112.50	skater N	01:30.70	113.87
skater M	01:22.50	112.84	skater I	01:30.74	113.92
skater N	01:23.36	114.02	skater M	01:32.16	115.70
skater O	01:23.83	114.66	skater O	01:32.33	115.91
<b>Average</b>	<b>01:21.12</b>		<b>Average</b>	<b>01:28.38</b>	

Adjusted record =  $(1:13.11 \times 1:28.38) / 1:21.12 = 1:19.66$  (same ratio of 1.0899 is used to adjust other distance records at the same competition for long track events).

The times in each distance of the top skaters (minimum of 10 results used) who skated at the non- Calgary competition and also competed in the same distance in the most recent Calgary competition in the current season will be averaged and then compared to the average times of those same skaters for those same distances in the Calgary competition. The ratio of this comparison will be used to adjust the Canadian Record by the same ratio in that distance. This adjusted Canadian Record will then be used to determine the percentages skated in that distance in the non-Calgary competition. This same calculation and adjustment process will be applied separately for each distance as ice conditions can change from distance to distance and day to day.

## 6. Support Amount

- 6.1. The amount of support, including funding, provided to each Provincial Team member in a specific year depends on the number of qualifying skaters and the budget available. In general, and unless noted otherwise, funding and services from AASSA to its members is to be considered as an award as opposed to a reimbursement.
- 6.2. All skaters who are named to, and continue to meet the eligibility and criteria for, the Provincial Team (A, B1, B2, C1, C2, or Development) will receive the following:



6.2.1. A subsidized Alberta team racing skin suit (skaters can purchase a racing suit for \$100). Racing suits will be provided at the subsidized rate every 2 years. The intention is to have suits available for new team members by September unless funds are not available to order on that timeline.

6.2.2. The option to purchase the following:

- Additional AB Team racing suits (full price if before 2-year lifespan of suit)
- AB Team long track Lycra training suit
- AB Team Warm-up jacket and pants
- AB Team apparel

Contact the AASSA office for ordering any of these items. (before June 1 if you wish to receive the clothing before the racing season).

6.2.3. Funding based on the following:

Each Team level is weighted to determine the funding level. The total amount of available funding is divided among the skaters based on this weighting.

Assigned weighting funding for 2019-20 are as follows:

A Team Performance Level	5
B1 Team Performance Level	4
B2 Team Performance Level	3
C1 Team Performance Level	2
C2 Team Performance Level	1

Note: For 2020-21, the total Provincial team Subsidy budget is not yet finalized. Once finalized the dollar amounts based on the above weighting will be known and announced.

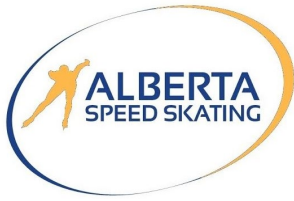
Development Team receives a subsidized racing suit and jacket in lieu of funding.

*NOTE:* If a skater previously not qualified reaches the Development Team time requirement during the qualifying year (see Section 2: Eligibility), the skater is able, with permission from the Technical Director, to purchase a Development Team suit (no subsidy provided) and wear the suit during that season. The skater is then able to buy a subsidized suit at the beginning of the Team Season (see Section 2). This applies strictly to Development Team time requirements, not to dollar-funded levels of the Provincial Team (i.e., the skater will not receive a higher level of funding in the same year if the skater moves up from C2 to C1 during the qualifying year).

## 7. Support Exceptions (Due to Injury or Illness, Changing of disciplines or School)

7.1. The SDC may provide the same level of support from the previous season in cases where a skater's performance levels off or drops off from the season before if:

7.1.1. The skater had an injury or illness that is judged to have affected their ability to produce their best or normal results by season's end. The SDC will make this judgement based on performance results, input from the skater's coach and a report of the injury or illness identified by the skater as the



reason for their failure to produce their best or normal level of results for the season. This Report must be from a medical doctor or other qualified professional in a related field (i.e. Physiotherapist) and must be provided if the skater's request is to be considered. and;

7.1.2. The skater continues to fulfill the requirements of Commitment and Eligibility during the season for which they will receive the funding. This means that the skater must make appropriate efforts to rehabilitate and get back to normal training and competition levels as expected with their level of support.

7.1.3. If a skater does fulfill the requirements listed in 7.1.1 and 7.1.2 then the season in which their performance remained level or dropped off will not count towards the maximum numbers of seasons allowed at each level.

7.2. A skater may continue to receive support, earned through performance from the season before, even while injured if the skater demonstrates a need (supported by the skater's coach) for training support even if injured. For example, this could be in the form of physiotherapy treatments or rehabilitation, or for training expenses if the athlete can still train but not perform at normal levels.

7.3. If a skater is changing disciplines for the coming season, they may still receive the funding for that season based on their performance in the discipline they are leaving. For example, if a skater earned B1 level status in the previous season in short track and are switching to long track for the coming season they can still receive B1 funding for the coming season if switching to long track. This is to support and recognize training and work they have done and to assist those who may be looking to switch disciplines due to concussions etc. in ST and to help keep these skaters in the sport. The skater must continue to fulfill the requirements of Commitment and Eligibility during the season for which they will receive the funding.

7.4. An Alberta Provincial Team skater's level of support for a season may have to be based on their performance for that same season even if they had qualified for a certain level from the previous season if they are not able to meet the training commitment in that they cannot train full time or at an appropriate level for that season due to school, or other commitments. For example if a skater qualified for the A Team in Long Track for 2019-20 based on their performance during the 2018-19 season but cannot train full time during the 2019-20 season due to school requirements, then their support level for 2019-20 must be backed up in the funding year and will be based on their performance during the 2019-20 season.

## 8. Support Disbursement

A skater will receive the first half of their support funding by Sept 1 of the 2019-20 season, if the funds are available, once they have:

1. Enrolled in an appropriate level program for speed skating, (Oval Program or club)
2. Fulfilled the requirements for Commitment in [section 10](#).
3. Have handed in their signed [AB athlete code of conduct](#).

They will receive the second half of their funding after they have fulfilled their volunteer requirements for the 2019-20 season and once the funds are available.



## 9. (Alberta) National Team (NT) and Next Gen supported Members

Alberta skaters who receive Sport Canada Carding for the season will not be eligible to receive Alberta Provincial team funding. Alberta skaters (i.e., Next Gen) who do not receive carding but receive partial support from SSC such as free coaching, IT support or subsidized travel to competitions may receive partial or complete PT funding. Alberta skaters who lose a place on the NT/NDT or Training Squad at the end of a season will be eligible to qualify for funding and support based on their performance from that previous season for the next season under the same criteria as the other Provincial Team members. Any previous years at PT Level A would count towards the 5 years limit allowed at level A.

## 10. Provincial Team Member Requirements

All Provincial Team members must, for the season for which they receive funding or support by AASSA:

- 10.1. Complete any required documents which may include some of the following items; skater profiles, Alberta Health Care numbers, the AASSA Member Code of Conduct (see Appendix A) and medical forms. Required documents to be completed and returned to the AASSA office within two weeks of having received the official letter of invitation to Provincial Team membership.
- 10.2. Demonstrate their commitment, professionalism, respect and punctuality by attending all Alberta Provincial Team functions, attending all Provincial Team meetings, attending all sponsor recognition programs, wearing the Alberta team skin suits at all relevant competitions, providing support for the AASSA staff and volunteers and providing information as requested.
- 10.3. Be proactive regarding the avoidance of banned substances. Provincial Team Members are expected to be informed and to attend the drug seminars that are offered in their area when possible.
- 10.4. Wear their provincial team suits, in all National or National Regional competitions unless released from that responsibility by the VP Skater Development or Technical Director (e.g. if the suit fits poorly or if they are able to wear a National team suit). Otherwise, failure to wear the suit, or loaning/selling it, will result in disciplinary action, including possible loss of funding. See Section 12 for more details.
- 10.5. Volunteer for a total of 6 hours at an AASSA event. Some examples of volunteer hours are: AASSA or AB Club Competitions, Casinos, Club Demos, fundraising, Provincial Team skater representative, office work (website contributions, data entering – contact the AASSA office to see what opportunities are available or if you have an idea of how you can help).

## 11. Marketing and Promotion of AASSA's Provincial Teams

Provincial Team members shall comply with all reasonable direction and instruction given to him/her by AASSA and its representatives in connection with the marketing and promotion of the Alberta Provincial Team. At this time and until a marketing policy is formalized, the following shall apply;



AASSA retains the right to determine all commercial markings to be worn on AASSA skin suits and warm-ups. All sponsorship details arranged privately by PT members must be approved through the AASSA Vice-President (Marketing). In the absence of a VP (Marketing), sponsorship details to be approved by the AASSA Board of Directors.

## 12. Alberta Team Skin Suits and Warm-ups

- 12.1. It is important for young Alberta club skaters to see and identify the top Alberta skaters in competition. It is why it is preferred that our AB PT skaters wear the Provincial team suit at National and regional events.
- 12.2. Current Team skin suits are not to be worn by anyone who is not a current member of an Alberta team.
- 12.3. For Regional or National age class competitions Alberta skin suits will be loaned by AASSA to those skaters representing Alberta. Most of these suits do not have built in cut protection so must be worn over cut resistant undergarments.
- 12.4. Alberta skin suits may be offered to those skaters who are supported by SSC that do not receive a National Team Suit.
- 12.5. AASSA budgets are based on a suit lasting at least 2 seasons which means that skaters should not wear the racing suits on a regular basis in training as this would cut the lifespan of the suit significantly. Additional Provincial Team Training suits will be made available for sale to all PT members. Contact the AASSA office for more information.

## 13. Skater Representative Elections

- 13.1. One skater representative for each of the LT and ST Provincial Teams will be elected to the AASSA Skater Development Committee by the Alberta Provincial Team they represent (time spent serving as representative will count towards volunteer hours):
  - 13.1.1. This will be done under the supervision of a designated AASSA Executive member by secret ballot. If any skaters are interested in serving as skater rep please contact the AASSA office.
- 13.2. If a skater representative should resign during the season then another election may be held at the next possible assembly of skaters.
- 13.3. If a skater representative cannot attend an SDC meeting, an alternate representative may be appointed by that skater representative.

## 14. Evaluation of Programs and AASSA Support

An annual evaluation will be performed regarding the effectiveness of the coaching and support provided to Provincial Team members. This evaluation may be based on:

- 14.1. Progression of skaters relative to the national ranking and personal best times;
- 14.2. An annual survey;
- 14.3. NTC Program Evaluation Form; and
- 14.4. Personal interviews with PT members.



## Appendix A – AASSA Member Code of Conduct 2019-20 Season

### General

The following guidelines are for all AASSA members participating on an official Alberta team, or accompanying an official Alberta team, at any speed skating event anywhere, whether or not funded through AASSA. These guidelines are also recommended for all AASSA members when representing their respective clubs at any speed skating event or activity, either on or off the ice at a competitive event, or while training.

Anyone representing AASSA at competitions, should always:

- be motivated to make their best efforts.
- show positive attitudes towards the sport of speed skating, the association, and the team.
- strive to improve their performance at all times.

### 1. Unacceptable Behaviour

Behaviours considered unacceptable include, but not limited to the following:

- 1.1. Any behaviour resulting in a criminal conviction, or act considered to be an offence under federal, provincial, or local laws.
- 1.2. Wanton endangerment of other skaters, coaches, or individuals.
- 1.3. Any unsportsmanlike action (e.g. swearing at officials either on or off the ice).
- 1.4. Smoking, vaping, drinking under age, using/carrying illicit or prohibited drugs on the CCES list, or under the influence of alcohol or drugs. Skaters of legal age for Alberta should consult the manager/coach before consuming alcohol.
- 1.5. Vandalism, wanton damage to property, or loss of items from a room (e.g. towels etc).
- 1.6. Assaulting and/or injuring another person.
- 1.7. Being a public nuisance (e.g. excessive noise or disorderliness).
- 1.8. Not respecting the rights, character, or reputation of others, be it regarding another person, club, or team.
- 1.9. Violating rules set forth by team coaches, and/or managers (e.g. curfews, visitors in rooms).
- 1.10. Failure to meet important administrative deadlines or Provincial Team requirements (e.g. financial obligations, wearing of team suit).





## 2. Applicable Sanctions

The following sanctions might be applied based on unacceptable behavior at times that the skater is visibly representing AASSA.

Visibly representing AASSA includes any time a skater is wearing AASSA clothing, staying and/or training at a facility under AASSA funding (e.g. at the Olympic Oval), and/or is otherwise acting as a representative of AASSA. Behaviour by a skater on their own time would be outside the jurisdiction of this policy.

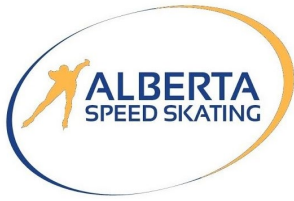
SANCTION	BY WHOM
Issue a reprimand, oral or written	coach, manager, technical director, official, SDC
Put the skater on probation for a period of time	SDC, AASSA Executive, or AASSA Ombudsman Committee
Withdraw the skater from participating in the balance of a competition or camp	Coach, manager, SDC rep(s) or official of the meet.
Send the skater home at the skater's expense	coach, manager, SDC rep(s)
Take the PT suit from the skater	SDC
Deny the skater partial or all funding	SDC, AASSA executive, or AASSA Ombudsman Committee
Deny the skater eligibility for qualifying for the AB PT for a period of time	SDC, AASSA executive, or AASSA Ombudsman Committee
Deny the skater membership in AASSA for a period of time	SDC, AASSA executive, or AASSA Ombudsman Committee
Attend prescribed counselling or training	SDC, AASSA executive, or AASSA Ombudsman Committee
Pay compensation for any monetary damages	SDC, AASSA executive, or AASSA Ombudsman Committee

For whichever sanctions are applicable:

- Legal counsel may be consulted.
- All skaters will be notified (including the parents for those under eighteen years of age), of any incident requiring disciplinary action. Such action will be discussed with the parents/guardians before imposition, whenever possible and practical.
- Skaters with continued poor behaviour may be dealt with more severely than first time offenders.
- The disciplinary decisions applied to any AASSA member will be recorded and that record will be used to monitor for any repetition of a given skater's behaviour.

## 3. Allegations and Disciplinary Authorities

Allegations of misconduct may only be made by a specific individual, or group, either orally or in writing if requested, to the disciplinary authorities. Hearsay would not be sufficient grounds for action.



The disciplinary authorities could be the:

- Coach
- Manager
- Official
- Technical Director
- AASSA Skater Development Committee
- AASSA Executive Committee
- AASSA Ombudsman Committee

If any of these groups are in a conflict of interest, an alternative representative should be contacted to deal with the matter.

Procedures will be as follows:

- The disciplinary authorities will determine the validity of the allegations and what sanctions are to be applied.
- In doing so, representatives of, if not all parties to, the incident are to be consulted regarding their interpretations of what occurred, with whom, where, how, why, and when.
- Any decisions or sanctions to the affected skater, including its rationale, should be made in writing to the SDC and the AASSA executive, as well as to the individual/group reporting the incident.

#### 4. Appeals

Appeals may be made to the initiator of the sanction (e.g. coach, manager, official, Technical Director, SDC, or AASSA executive) or to the AASSA Ombudsman Committee.

The function of the AASSA Ombudsman Committee is to investigate any decision or recommendation made, or any act done or omitted in the course of the administration of an AASSA policy and affecting any person or body of persons in his, her or its personal capacity.

I, \_\_\_\_\_, have read the AASSA member code of conduct for the 2019-20 season and agree to its terms.

\_\_\_\_\_  
signature\*

\_\_\_\_\_  
date

\*Parent /guardian must sign for members under the age of 18 years

Please hand in the signed original document to:

AASSA at the Olympic Oval,  
2500 University Dr, NW Calgary, AB, T2N 1N4



## Appendix B: 2019-2020 Alberta Provincial Team Members

### SSC Supported

#### (National Team or Next Gen Athletes)

Bloeman	Ted-Jan	LT
Junio	Gilmore	LT
Hillis	Keil	ST
Howe	Connor	LT
Irvine	Kaylin	LT
McDougall	Brooklyn	LT
Muller	Kaleb	LT
Pearman	Maddison	LT
Pederson	Matej	ST

#### Alberta Provincial Team

##### A Level

Deibert	Jack	LT
Hathaway	Josh	LT
Poelzer	Keira	LT
Roth	Frank	LT
Son	Hee Won	ST (LT: B1)
Thomas	Neithan	ST
Yamada	Brendan	ST

##### B1 Level

Bere	Cezara	ST
Coderre	Paul	LT
Cote	Benjamin	ST
Miller	Cody	LT
Peterson	Cassidy	LT
Wallish	Danielle	LT

##### B2 Level

Bell	Hayleigh	LT
Goplen	Victoria	ST
Halyk	Max	LT
Nedeljakova	Zuzana	LT
Pollock	Sam	LT

##### C1 Level

Bourgeois	Anna	LT
Golden	Mark	LT
O'Brien	Dawson	LT
Pelkey	Caitlin	ST (LT: DT)

### C1 Level (continued)

Pederson	Matej	LT
Seal	David	ST
Sherwood	Isaac	ST
Wiebe	Janelle	LT

### C2 Level

Bathe	Mathias	LT (ST: B1)
Conrad	Jessica	LT
Holzer	Hobbess	LT
Johnson	Molly	LT
Johnston	Annika	ST
Lacroix	Zachary	LT
O'Brien	Wesley	ST
Uden	Yasmine	ST (LT: DT)
Witkowski	Kaeden	LT
Young	Abbey	LT
Young	Molly	ST

### Development T Level (junior only)

Feschuk	Sarah	LT, ST
Krabben	Max	LT
Krueger	Jacob	ST
Poulin	Max	ST
Toblan	Logan	LT, ST
Volstad	Alexandra	ST
Zhao	Yankun	LT, ST

### Alberta Provincial and National Skaters retiring from competitive skating, 2019:

Bathe	Mathias	ST (switching to LT)
Chabot	Celina	ST
Cooney	Aaron	ST
Dodyk	Ryan	LT
Doud	Connor	ST
Hartleb	Tyler	LT
McNeeley	Kayla	LT
Nadal	Marika	ST
Pederson	Anneke	ST
Ross	Jeffrey	LT
Spicer	Stephanie	LT
Tutt	Briane	LT
Winter	Robert	LT



## Appendix C – Time Standards for Use in 2019-2020

AB ST and LT Team qualification is based on the average percentage from any 2 distances. Skaters do not have to have both distances under 115%.

All times (LT and ST) are based on Calgary ice (times skaters outside Calgary will be adjusted).

LONG TRACK		Records		AB Provincial Team Performance Levels					
		CDN JR	CDN	A	B1	B2	C1	C2	DEV
male	500m	00:34.66	00:34.03	00:36.07	00:36.75	00:37.43	00:38.11	00:39.13	00:39.86
	1000m	01:08.56	01:06.72	01:10.72	01:12.06	01:13.39	01:14.73	01:16.73	01:18.84
	1500m	01:44.16	01:42.01	01:48.13	01:50.17	01:52.21	01:54.25	01:57.31	01:59.78
	3000m	03:45.16	03:37.16	03:50.19	03:54.53*	03:58.88*	04:03.22*	04:09.73*	04:18.93
	5000m	06:27.68	06:01.86	06:23.57	06:30.81	06:38.05	06:45.28	06:56.14	07:25.83
	10000m	13:28.63	12:36.30	13:21.68	13:36.80	13:51.93	14:07.06	14:29.75	15:29.92
female	500m	00:38.53	00:37.22	00:39.45	00:40.20	00:40.94	00:41.69	00:42.80	00:44.31
	1000m	01:16.05	01:12.68	01:17.04	01:18.49	01:19.95	01:21.40	01:23.58	01:27.46
	1500m	01:58.13	01:51.79	01:58.50	02:00.73	02:02.97	02:05.20	02:08.56	02:15.85
	3000m	04:04.49	03:53.34	04:07.34	04:12.01	04:16.67	04:21.34	04:28.34	04:41.16
	5000m	07:14.55	06:48.97	07:13.51	07:21.69	07:29.87	07:38.05	07:50.32	08:19.73

\* For ISU Junior Age skaters only

SHORT TRACK		Records		AB Provincial Team Performance Levels					
		CDN JR	CDN	A	B1	B2	C1	C2	DEV
male	500m	00:41.204	00:39.845	00:42.24	00:43.03	00:43.83	00:44.63	00:45.82	00:47.38
	1000m	01:24.046	01:21.815	01:26.72	01:28.36	01:30.00	01:31.63	01:34.09	01:36.65
	1500m	02:12.702	02:06.565	02:14.16	02:16.69	02:19.22	02:21.75	02:25.55	02:32.61
female	500m	00:43.922	00:42.441	00:44.99	00:45.84	00:46.69	00:47.53	00:48.81	00:50.51
	1000m	01:30.192	01:27.895	01:33.17	01:34.93	01:36.68	01:38.44	01:41.08	01:43.72
	1500m	02:23.525	02:16.635	02:24.83	02:27.57	02:30.30	02:33.03	02:37.13	02:45.05