

**Alberta Speed Skating HP Program
Acknowledgement and Waiver
For Participants of Age 18 or Over**



As a participant of the Alberta Speed Skating High Performance program (ABSS HP Program) in the 2018-19 season which goes from April 1, 2018 to March 31, 2019 inclusive:

I acknowledge that speed skating and associated training and activities carries many risks of minor and severe personal injury, including death, as a result of many things, including the high speeds involved, the risk of contact and collision with other skaters, the ice or bumpers, and the strain on one's body from strenuous physical activity; I further acknowledge that risk of injury is higher in any formal or informal meet, race or other competition;

I have personal responsibility to ensure that I take all appropriate care and caution in my speed skating and associated training and activities to avoid or minimize the risk of injury to me and to others and to monitor and moderate my training to avoid injury or death;

I am obliged to follow the rules and regulations imposed by the ABSS HP Program, the Olympic Oval and their respective employees, agents, officers and volunteers and have the responsibility of adhering to the Code of Conduct, which I have signed or will sign;

I assume all risks of speed skating, associated training and other activities, and the administrative functions of the ABSS HP Program, including its collection and use of my personal information, and I waive or release any rights and claims I may have in respect of any injury or loss suffered by me in or as a result of speed skating, associated training and other activities, and administrative functions or in or as a result of any volunteer or other activities in connection with speed skating or the ABSS HP Program caused in whole or in part by the negligence or other conduct (except gross negligence or recklessness) of the ABSS HP Program, the Olympic Oval and their respective employees, agents, officers, members, associate members and volunteers; and

I acknowledge that I have read this Acknowledgment and Waiver and understand that signing this Acknowledgement and Waiver affects my legal rights and entitlements in the event of any injury or loss.

In addition, I assume the risks participating in any sanctioned meet or competition. At any sanctioned meet or competition at which I participate as a member of the ABSS HP Program, the assumption of risks and waiver and release of rights and claims for injury or loss shall apply, in addition to those individuals and organizations listed above, in favor of any volunteer or official at such meet or competition.

Name of ABSS HP Program Participant (Please Print): _____

Age: _____

Signature: _____

Date: _____