

ALBERTA SPEED SKATING Performance Badge Program

All Alberta Skaters registered in an Alberta speed skating club are eligible to earn Performance Badges. These badges indicate the level of performance that the skaters achieve and are an important part in recognizing and awarding the skaters for their work and improvement.

There are seven different level of badges. The white badge is an entry level badge and is awarded to a skater who enters their first sanctioned competition. The other 6 badges are earned based on achieving one of the times listed in the following chart. Separate badges can be earned for short track and long track. Clubs can order their badges from the AASSA office and there is no cost to the clubs for the badges.

Skaters can check the Alberta Speed Skating website for status of their current best times to find their badge levels achieved to date.



		7	6	5	4	3	2	1
		White	Green	Red	Iron	Bronze	Silver	Gold
Short Track Female	200	Competitor	48.0	38.5	31.7	27.2	24.8	23.2
	400		1:25.0	1:09.5	58.5	51.0	46.4	43.0
	1500			4:42.5	3:57.0	3:26.5	3:07.5	2:53.5
	3000				8:34.0	7:27.5	6:47.0	6:16.5
Short Track Male	200	Competitor	45.0	36.0	29.7	25.7	23.1	21.4
	400		1:21.0	1:06.0	55.5	48.5	44.2	41.2
	1500			4:16.0	3:35.0	3:07.5	2:51.0	2:39.0
	3000				7:51.0	6:53.0	6:13.0	5:45.0
Long Track Female	300	Competitor	1:00.0	48.0	40.0	35.0	31.5	29.1
	500		1:33.0	1:16.0	1:04.0	55.8	50.0	46.5
	1500			3:54.5	3:17.5	2:52.5	2:34.5	2:24.0
	3000				6:48.5	5:57.0	5:24.0	5:02.5
Long Track Male	300	Competitor	55.0	44.0	36.5	32.0	28.5	26.5
	500		1:25.0	1:09.5	58.5	51.0	46.0	42.5
	1500			3:32.0	2:58.5	2:35.5	2:20.0	2:10.0
	3000				6:08.5	5:22.0	4:52.0	4:33.0

*Long track times can be done in Mass Start or Olympic Style.